

國立臺灣師範大學運動與休閒學院 書函

受文者：如正副本

發文日期：中華民國 112 年 06 月 01 日

發文字號：師大運院字第 112000039 號

速 別：最速件

密等及解密條件或保密期限：普通

附件：如文

承辦單位：運動與休閒學院

承 辦 人：陳姿羽小姐

聯絡電話：3475

電子信箱：falinechen@ntnu.edu.tw

主旨：有關本院辦理「112 學年度第 2 次立陶宛體育大學 Erasmus+ 獎助金申請案」，敬請轉知所屬學生依規定提出申請，請查照。

說明：

- 一、本院已於 112 年 1 月 16 日與立陶宛體育大學簽訂 Erasmus+ 獎助金合作協議書。
- 二、名額共計：學生 1 名。
- 三、本院學生申請立陶宛體育大學 Erasmus+ 獎助金之條件及相關規定如下：
 - (一) 必須是在校生，並已修習至少兩個學期。
 - (二) 學生英語能力成績須達 CEFR B2 以上。
 - (三) 學生於本校各學期學業平均分數達 3.0 以上。
- 四、赴外期間：學生 5 個月（2024 春季）。
- 五、申請學生應繳納下列資料以及證明文件乙份：
 - (一) 動機信（格式請參考附件 1）。
 - (二) 個人履歷（格式請參考附件 2）。
 - (三) 立陶宛體育大學申請文件（格式請參考附件 3）。
 - (四) 1000 字以上赴外讀書計畫（格式不限）。
 - (五) 本校教師推薦信一封（英文書寫）。
 - (六) 指導教授 / 代表隊教練同意書。
 - (七) 英文歷年學業成績單正本。
 - (八) 英語語言檢定證明影本。

六、申請截止日期：請學生於 112 年 10 月 27 日（星期五）前將申請資料繳交至運動與休閒學院辦公室陳姿羽專任助理。

七、遴選方式（採三階段進行）：

- （一）第一階段：由學院審核申請文件（如符合申請資格之申請人為一位，將直接薦送此申請人）。
- （二）第二階段：如符合申請資格之申請人超過一位以上，將另行公布面試時間進行甄選。
- （三）第三階段：依與交流單位合約規定，由本院薦送之師生，立陶宛體育大學保留最後核定權。

正本：體育與運動科學系、運動競技學系、運動休閒與餐旅管理研究所

副本：運動與休閒學院



Month Date, 20XX

Dear Committee Members:

Sincerely,

[English Signature]

(Name) Xiao-Ming, Wang

(Department)

Address: No. 162, Section 1, Heping E. Rd., Taipei City 106, Taiwan

E-mail: Abcd@yahoo.com.tw

Tel: +886-912-123-123

Xiao-Ming Wang (David Wang)

+886-912-123-123 / abcd1@yahoo.com.tw / Address

OBJECTIVE To obtain a position that will enable me to use my strong organizational skills, award-winning educational background, and ability to work well with people.

EDUCATION	National Taiwan Normal University	Taipei, Taiwan
	College of Art	Sep. 2011- June. 2013
	Master Degree	
	National Taiwan Normal University	Taipei, Taiwan
	College of Art	Sep. 2008- June. 2012
	Bachelor Degree	

EXPERIENCE	2017 Summer Camp	Tokyo, Japan
	Leader	May. 2017- Aug. 2017
	• Media Reception	
	National Taiwan Normal University	Taipei, Taiwan
	Teaching Assistant	
	• Tennis	Feb. 2012- Jun. 2012
	• Baseball	Sep. 2011- Jan. 2012

PUBLICATIONS	• Wang, X. M. & Chang, D. M. (2016). I love Beatles. Beatles Education Journal, England: 49(4), 415-430.
	• Wang, X. M. (2015). I love Arctic Monkey. Beatles Education Journal, England: 49(4), 415-430.

PRESENTATIONS	• Wang, X. M. (2016). The story of us. Poster presented at the
POSTERS	European College of Sport Science, Vienna, A.T.

	<ul style="list-style-type: none"> Wang, X. M. (2016). The good story. Oral presented at the European College of Sport Science, Vienna, A.T.
PROJECTS	<ul style="list-style-type: none"> 2015-2016 How to manage the emotional distress. New Southern Project. Ministry of Science and Technology. Taiwan
HONORS	<ul style="list-style-type: none"> 2018 Distinguished Research Award, Ministry of Science and Technique, Taiwan 2017 Outstanding Research Award, Ministry of Education, Taiwan 2015 Youth Prize: Scholar Category, China Youth Corps, Taiwan
LANGUAGE	<ul style="list-style-type: none"> Chinese (native); English (proficient)



LITHUANIAN SPORTS UNIVERSITY

Sporto str. 6, LT-44221 Kaunas, Lithuania
Phone: +370 690 09861 e-mail: lsu@lsu.lt, http://www.lsu.lt

APPLICATION FORM FOR ACCOMMODATION (if handwritten to be completed clearly in CAPITAL letters)

ACADEMIC YEAR:

2023/ 2024

AUTUMN SEMESTER:

☐

SPRING SEMESTER:

☐

PERSONAL DATA

Family Name:		Given Names:	
Date of birth (D/ M/ Y):		Place of birth:	
Gender:	<input type="checkbox"/> Male	<input type="checkbox"/> Female	
Correspondence address until your arrival to Kaunas		Street:	
City:	Postal code:	Country:	
Phone:		E-mail:	

HOME INSTITUTION (if applicable)

Name of the home institution:	
Contact person at your home institution:	
Phone:	E-mail:

HOUSING INFORMATION

Arrival (DD/MM/YY):	<i>If you cannot give the exact dates of arrival or departure when sending this application for the first time, give an approximate date and supply more information later.</i>
Departure (DD/MM/YY):	
Planned duration of stay:	
Student dormitory:	Twin/triple room € 120 month/person (must be paid for the whole semester before arrival) A refundable deposit must be paid before arrival: 240€
NOTE: deposit and monthly fee are subjects to change.	
Special wishes:	

APPLICATION DEADLINES:

EU/Non-EU Students

Autumn semester – May 15th

Spring semester – November 15th

Applicant's signature:

Date:

**Please return this form together with the application form as soon as possible, but not later than the deadline by the address:
International Relations Office, Lithuanian Sports University, Sporto g. 6, LT-44221 Kaunas
or a scanned copy by e-mail it: erasmus@lsu.lt**



LITHUANIAN SPORTS UNIVERSITY

Sporto str. 6, LT-44221 Kaunas, Lithuania

Phone: (370 690) 09861 E-mail: lsu@lsu.lt Web site: <http://www.lsu.lt>

APPLICATION FORM FOR EXCHANGE STUDENTS (Complete the form clearly in CAPITAL letters)

ACADEMIC YEAR: 2023 / 2024

PERSONAL DATA					
Family Name*:		<div>Photo</div>			
Given Names*:					
Place of birth:				Date of birth (D/M/Y):	
Gender:	<input type="checkbox"/> Male <input type="checkbox"/> Female			Nationality:	
CORRESPONDENCE ADDRESS UNTIL YOUR ARRIVAL TO KAUNAS					
Street:				City:	
Postal code:				Country:	
Phone:					
E-mail:					
A PERSON TO CONTACT IN CASES OF EMERGENCY					
Name and relationship to the student:					
Contact information:					

** Please write family and given names exactly as in your passport (or ID card) as it is very important while preparing your acceptance documents.*

HOME INSTITUTION		
Name of institution and full address: _____		
CONTACT PERSON		
Name:	Position:	
Address	Street:	City:
	Postal code:	Country:
Phone:	E-mail:	
CURRENT STUDIES		
Faculty:	Field of study:	
Degree for which you are currently studying:		
Number of higher education study years prior to departure abroad:		

LANGUAGE SKILLS						
Native language:		Language of instruction at home institution (if not native language):				
Other languages:	I am currently studying this language		I have sufficient knowledge to follow lectures		I would have sufficient knowledge to follow lectures if I had some extra preparation	
	Yes	No	Yes	No	Yes	No
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

STUDY PERIOD AT LSU			
Planned period of study (duration in months):			
<input type="checkbox"/> Autumn semester	From:		To:
<input type="checkbox"/> Spring semester	(DD /MM/ YY)		(DD /MM/ YY)
Type of activity:	<input type="checkbox"/> Courses (<i>please fill in the Learning Agreement for Studies</i>)		<input type="checkbox"/> Practical training (<i>please fill in the Learning Agreement for Traineeship</i>)
	<input type="checkbox"/> Other:		

APPLICATION DEADLINES:

EU/Non-EU Students

Autumn semester – May 15th

Spring semester – November 15th

With this application form you need to send us the following:

- Learning Agreement (or you can use **Online Learning Agreement**)
- Transcript of Records
- Copy of your passport (ID card)
- Application Form for Accommodation (if necessary)
- Certificate of good health (**in English**)

Note: If needed, any changes in the Learning agreement must be done before arrival.

SIGNATURES	
<i>I certify that the information provided in this application is correct and complete.</i>	
Applicant's signature:	Date:
<i>I hereby, confirm that the above-mentioned student was selected for the exchange period at your institution.</i>	
Contact person's signature:	Date:

Completed application together with the required documents must be sent by the address below:

International Relations Office
Lithuanian Sports University
Sporto g. 6, LT-44221 Kaunas, Lithuania
Phone: (+ 370 690) 09923, erasmus@lsu.lt

Erasmus+ Learning Agreement

Student Mobility for Studies

International Mobility

General information

Student	Last name(s)	First name(s)	Date of birth	Nationality	Gender
	ESI		Study cycle	Field of education (ISCED)	Field of education (clarification)
Sending Institution	Name	Faculty/Department	Erasmus code	Country	Administrative contact person name; email; phone
Receiving Institution	Name	Faculty/Department	City	Country	Administrative contact person name; email; phone
	Lithuanian Sports University	n/a	Kaunas	Lithuania	Ms Justė Knatauskaitė, Student Mobility Coordinator erasmus@lsu.lt ; +370 69009923
The level of language competence in _____ [indicate here the main language of instruction] that the student already has or agrees to acquire by the start of the study period is: A1 <input type="checkbox"/> A2 <input type="checkbox"/> B1 <input type="checkbox"/> B2 <input type="checkbox"/> C1 <input type="checkbox"/> C2 <input type="checkbox"/> Native speaker <input type="checkbox"/>					

Mobility type and duration

Mobility type (select one)	Estimated duration (to be confirmed by the Receiving Institution)
<ul style="list-style-type: none"> Semester(s) <input type="checkbox"/> / Virtual component <i>(only if applicable)</i> <input type="checkbox"/> Blended mobility with short-term physical mobility <input type="checkbox"/> Short-term doctoral mobility <input type="checkbox"/> / Virtual component <i>(only if applicable)</i> <input type="checkbox"/> 	Planned period of the physical mobility: <ul style="list-style-type: none"> from [day (optional)/month/year] to [day (optional)/month/year]

Study Programme at the Receiving Institution

Mobility type: Semester(s)

Table A	Component code (if any)	Component title at the Receiving Institution (as indicated in the course catalogue)	Semester [e.g. autumn/spring; term]	Number of ECTS credits (or equivalent) to be awarded by the Receiving Institution upon successful completion
				Total: ...
Web link to the course catalogue at the Receiving Institution describing the learning outcomes: [web link to the relevant information]				

Recognition at the Sending Institution

Mobility type: Semester(s)

Table B	Component code (if any)	Component title at the Sending Institution (as indicated in the course catalogue)	Semester [e.g. autumn/spring; term]	Number of ECTS credits (or equivalent) to be recognised by the Sending Institution	Automatic recognition
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
				Total: ...	
Provisions applying if the student does not complete successfully some educational components: <i>[web link to the relevant information]</i>					

If applicable, description of the virtual component at Receiving Institution and recognition at the Sending Institution

Mobility type: Semester(s)

Table C	Component code (if any)	Component title or description of the study programme at the Receiving Institution	Short description of the virtual component (obligatory field):	Number of ECTS credits to be awarded	Automatic recognition
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
				Total: ...	

Study Programme at Receiving Institution and recognition at the Sending Institution

Mobility type: Blended mobility with short-term physical mobility

	Component code (if any)	Component title or description of the mobility programme	Short description of the virtual component (obligatory field):	Number of ECTS credits to be awarded	Automatic recognition
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
				Total: ...	

Study Programme at Receiving Institution and recognition at the Sending Institution

Mobility type: Short-term doctoral mobility

	Component code (if any)	Component title or description of the mobility programme	Short description of the virtual component (optional field):	Number of ECTS credits to be awarded	Automatic recognition
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
					Yes <input type="checkbox"/> No <input type="checkbox"/>
				Total: ...	

Commitment of the three parties

Any Mobility type

Changes to the learning agreement

By signing this document, the student, the Sending Institution and the Receiving Institution confirm that they approve the Learning Agreement and that they will comply with all the arrangements agreed by all parties. Sending and Receiving Institutions undertake to apply all the principles of the Erasmus Charter for Higher Education relating to mobility for studies. The Beneficiary Institution and the student should also commit to what is set out in the Erasmus+ grant agreement. The Receiving Institution confirms that the educational components listed are in line with its course catalogue or as agreed otherwise and should be available to the student. The Sending Institution commits to recognise all the credits or equivalent units gained at the Receiving Institution for the successfully completed educational components and to count them towards the student's degree. The student and the Receiving Institution will communicate to the Sending Institution any problems or changes regarding the study programme, responsible persons and/or study period.

Commitment	Name	Email	Position	Date	Signature
Student			Student		
Responsible person at the Sending Institution					
Responsible person at the Receiving Institution					

Mobility type: Semester(s)

Exceptional changes to Table A (to be approved by the student, the responsible person in the Sending Institution and the responsible person in the Receiving Institution)						
Table A2	Component code (if any)	Component title at the Receiving Institution (as indicated in the course catalogue)	Deleted component [tick if applicable]	Added component [tick if applicable]	Reason for change	Number of ECTS credits (or equivalent)
			<input type="checkbox"/>	<input type="checkbox"/>	Choose an item.	
			<input type="checkbox"/>	<input type="checkbox"/>	Choose an item.	

Exceptional changes to Table B (if applicable) (to be approved by the student and the responsible person in the Sending Institution)							
Table B2	Component code (if any)	Component title at the Sending Institution (as indicated in the course catalogue)	Deleted component [tick if applicable]	Added component [tick if applicable]	Reason for change	Number of ECTS credits (or equivalent)	Automatic recognition
			<input type="checkbox"/>	<input type="checkbox"/>	Choose an item.		Yes <input type="checkbox"/> No <input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>	Choose an item.		Yes <input type="checkbox"/> No <input type="checkbox"/>

Exceptional changes to Table C (if applicable) (to be approved by the student and the responsible person in the Sending Institution)	
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Table C2	Component code (if any)	Component title or description of the study programme at the Receiving Institution	Short description of the virtual component (obligatory field):	Reason for change	Number of ECTS credits to be awarded	Automatic recognition
						Yes <input type="checkbox"/> No <input type="checkbox"/>
						Yes <input type="checkbox"/> No <input type="checkbox"/>

- In case of changes to the learning agreement for mobility types: Blended mobility with short-term physical mobility or Short-term doctoral mobility, please create a new learning agreement***

Glossary

Term	Definition/Explanation
Nationality	Country to which the person belongs administratively and that issues the ID card and/or passport.
The European Student Identifier (ESI)	A unique European Identifier number used to identify and authenticate students using the Erasmus+ Mobile App and/or the desktop version of the app to fill in and sign their online learning agreement. If the sending institution does not issue an ESI for its students an alternative mechanism for identifying and authenticating students can be accepted. For more information, visit the Erasmus Without Paper Competence Centre .
Study cycle	Short cycle (EQF level 5) / Bachelor or equivalent first cycle (EQF level 6) / Master or equivalent second cycle (EQF level 7) / Doctorate or equivalent third cycle (EQF level 8).
Field of education	The ISCED-F 2013 search tool available at http://ec.europa.eu/education/international-standard-classification-of-education-isced_en should be used to find the ISCED 2013 detailed field of education and training that is closest to the subject of the degree to be awarded to the student by the Sending Institution.
Erasmus code	A unique identifier that every higher education institution that has been awarded with the Erasmus Charter for Higher Education (ECHE) receives. It is only applicable to higher education institutions located in EU Member States and third countries associated to the programme.
Administrative Contact person	A person who provides a link for administrative information and who, depending on the structure of the higher education institution, may be the departmental coordinator or works at the international relations office or equivalent body within the institution.
Mobility type: Semester(s)	A study period abroad lasting at least one academic term/trimester or 2 months to 12 months (long-term mobility)
Blended mobility	Any mobility can be carried out as a “blended mobility” by combining the study period abroad with on virtual component at the receiving institution before, during or after the physical mobility to further enhance the learning outcomes.
Short description of a virtual component	An indication of whether the virtual component is an online course(s), embedded in a course(s) selected at the receiving institution, embedded in a blended intensive programme and/or other type of online activity at the receiving institution along with component title(s) or short description of the online activity.
Blended mobility with short term physical mobility	If a long-term physical mobility is not suitable, the student may undertake a study period abroad lasting between 5 days and 30 days and combined with a compulsory virtual component to facilitate an online learning exchange and/or teamwork.
Short-term doctoral mobility	A study period abroad lasting between 5 days and 30 days. An optional virtual component to facilitate an online learning exchange and/or teamwork can be added to further enhance the learning outcomes.

ECTS credits (or equivalent)	In countries where the "ECTS" system is not in place, in particular for institutions located in third countries not associated to the programme not participating in the Bologna process, "ECTS" needs to be replaced in the relevant tables by the name of the equivalent system that is used, and a web link to an explanation to the system should be added.
Automatic recognition	All credits gained abroad – as agreed in the Learning Agreement and confirmed by the Transcript of Records – will be transferred without delay and counted towards the students' degree without any additional work or assessment of the student. This is signalled in the learning agreement by the "Yes" check box. If the "No" check box is selected, a clear justification needs to be provided and an indication on what other type of formal recognition will be applied e.g. registration in the students' diploma supplement or Europass Mobility Document.
Educational component	A self-contained and formal structured learning experience that features learning outcomes, credits and forms of assessment. Examples of educational components are: a course, module, seminar, laboratory work, practical work, preparation/research for a thesis, mobility window or free electives.
Level of language competence	A description of the European Language Levels (CEFR) is available at: https://europass.cedefop.europa.eu/en/resources/european-language-levels-cefr
Course catalogue	Detailed, user-friendly and up-to-date information on the institution's learning environment that should be available to students before the mobility period and throughout their studies to enable them to make the right choices and use their time most efficiently. The information concerns, for example, the qualifications offered, the learning, teaching and assessment procedures, the level of programmes, the individual educational components and the learning resources. The Course Catalogue should include the names of people to contact, with information about how, when and where to contact them.
Responsible person at the Sending Institution	An academic who has the authority to approve the Learning Agreement, to exceptionally amend it when it is needed, as well as to guarantee full recognition of such programme on behalf of the responsible academic body. The name and email of the Responsible person must be filled in only in case it differs from that of the Contact person mentioned at the top of the document.
Reasons for deleting a component	<ol style="list-style-type: none"> 1. Previously selected educational component is not available at the Receiving Institution 2. Component is in a different language than previously specified in the course catalogue 3. Timetable conflict 4. Other (please specify)
Reason for adding a component	<ol style="list-style-type: none"> 5. Substituting a deleted component 6. Extending the mobility period 7. Adding a virtual component 8. Other (please specify)